

**Table 5.4: Alcohol Consumption (Percent)<sup>1,2</sup>**

Alcohol Consumption	Total	Age Group			Disability Level		
		65-74	75-84	85+	Moderate <sup>3</sup>	ADL Difficulty	
						Receives No Help	Receives Help
All Participants	(N=1002)	(N=388)	(N=311)	(N=303)	(N=343)	(N=478)	(N=181)
Do you usually drink alcoholic beverages, including beer, wine, sherry, or liquor, at least once every week?							
Yes	15.6	16.9	14.5	14.5	17.2	14.9	14.0
Current Alcohol Drinkers <sup>4</sup>	(N=154)	(N=65)	(N=44)	(N=45)	(N=59)	(N=72)	(N=23)
Average drinks per week <sup>5</sup>							
1-3	36.3	34.4	36.7	41.6	38.0	32.5	43.0
4-7	37.5	38.2	36.8	37.3	40.5	33.8	41.2
8 or more	26.2	27.4	26.4	21.1	21.5	33.6	15.9
On the days when you drink, about how many drinks do you usually have?							
1	54.6	47.3	60.9	62.0	56.8	47.1	71.0
2	30.1	29.8	29.7	32.2	26.0	35.8	23.5
3 or more	15.3	23.0	9.4	5.8	17.2	17.1	5.6
Over the past 6 months, how many days per week did you typically drink like this?							
1-2	39.0	44.3	30.1	45.1	35.3	39.6	46.1
3-4	22.3	19.7	27.5	16.7	28.1	17.1	22.9
5 or more	38.7	36.0	42.4	38.2	36.6	43.3	31.0

(Women's Health and Aging Study, baseline interview, 1992-1995)

<sup>1</sup> All variables have less than 4% missing data. Results are based on non-missing data.

<sup>2</sup> Descriptive statistics are based on weighted data.

<sup>3</sup> No ADL difficulty; disabled in two or more domains (see Chapter 1).

<sup>4</sup> Categories for each item may not add up to 100% due to rounding.

<sup>5</sup> d(w), where d=drinks per day (On the days when you drink, about how many drinks do you usually have?) and w=days (Over the past 6 months, how many days per week did you typically drink like this?)